ABAWD Work Requirements: What You Need To Know

The federal work requirements for able-bodied adults without dependents (ABAWDs) went back into effect on April 1, 2015 in Wisconsin. ABAWD individuals may only receive FoodShare benefits (benefits on a Quest Card) for 3 months in a 36-month period without meeting the work requirements unless you are exempt.

Who is an ABAWD?
An ABAWD is an able-bodied individual between the ages of 18-49 who has no dependents living with them.

How can an ABAWD meet the work requirement?
Federal regulations will require ABAWD FoodShare applicants and recipients to comply with the following work requirements as a condition of FoodShare eligibility:

- Working a minimum of 80 hours per month, or
- Participating and complying with an allowable work program at least 80 hours per month, such as the FoodShare Employment and Training (FSET) program, Wisconsin Works (W-2), or certain programs under the Wisconsin Investment Act (WIA) at least 80 hours each month, or
- Both working and participating in an allowable work program for a combined total of at least 80 hours per month, or
- Participating in and complying with the requirements of a workfare program.

Are there exceptions?
FoodShare members who meet any of the following are considered exempt from the time limit on FoodShare benefits and do not have to meet the work requirement:

- Living with a child under age 18,
- Caring for a person who cannot care for himself or herself,
- Caring for a child under age 6 who does not live in the home,
- Unable to work due to a physical or mental health condition,
- Pregnant,
- Receiving or applied for unemployment insurance,
- Taking part in an alcohol or substance abuse (AODA) program,
- Enrolled in an institution of higher learning at least half time or more, or
- Enrolled as a high school student age 18 or older, attending high school at least half-time.

Policy is subject to change. Contact your county Income Maintenance Consortium or the FoodShare Helpline for any updates.
### ABAWD Work Requirements: Frequently Asked Questions

**How does an individual prove (s)he is meeting the requirements?**

<table>
<thead>
<tr>
<th>Work Requirement</th>
<th>Examples of Allowable Verification</th>
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| Employment       | • Monthly Paystubs  
                  | • Employment Verification of Earnings Form  
                  | • Statement from employer that includes gross earnings and hours worked |
| Work Program Participation (non-FSET) | • Statement or letter from the work program that includes monthly participation hours |

**How does an individual prove (s)he is exempt?**

<table>
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<th>Exemption</th>
<th>Examples of Allowable Verification</th>
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<tbody>
<tr>
<td>Living with a minor under age 18</td>
<td>• Statement from the parent, legal guardian or landlord</td>
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| Providing care for another person (child under age six or adult who cannot care for himself/herself) | • Statement from the parent or legal guardian  
                  | • Custody agreement |
| Health conditions (disability, pregnancy, or other medical condition) | • Statement or letter from a certified health care provider  
                  | • Approval letter from the Disability Determination Bureau or SSA |
| Unemployment Compensation | • Unemployment Compensation award letter |
| Participation in an AODA (Alcohol and Other Drug Abuse) Program | • Statement from an AODA counselor |
| Enrolled in an institution of higher learning or high school at least half-time or more. | • Proof of enrollment |

**What work training programs are available?**

FoodShare Employment & Training (FSET) is a free, voluntary program that helps FoodShare members build their job skills and find jobs. If you are an adult who receives FoodShare benefits, FSET may be able to help you! To apply:

- Say “yes” when asked by your FoodShare worker if you are interested in FSET during your interview.
- OR
- Call your Income Maintenance Consortium and ask to be referred to FSET.

- Capital Consortium: 1-888-794-5556 (Adams, Columbia, Dane, Dodge, Juneau, Richland & Sauk)
- Southern Consortium: 1-888-794-5780 (Crawford, Grant, Green, Iowa, Jefferson, Lafayette & Rock)
- Western Consortium: 1-888-627-0430 (Monroe & Vernon)

**Second Harvest Foodbank is here to help!**

Specialists are available to:

- Provide one-on-one application assistance
- Assist with providing verification of your work hours and income
- Refer to employment and training resources
- Assist with providing proper documentation needed to prove ABAWD exemption status

Call the FoodShare Helpline at 1-877-366-3635 or visit GetAQuestCard.org

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